

Youth and Family Activities

<u>Academic</u>	<u>Games / Activities</u>
<p>Websites (google these names for website):</p> <p>Khan Academy Prodigy Mystery Doug Kids National Geographic Storyline Park History for kids Scholastic Spelling Training Typing Club Virtual field Trips- Adventures in Family Hood Fun brain PBS kids Star Fall Switcheroo Zoo Into the Book ABC Ya Seuessville Mind Play (literacy program- if interested e-mail Mahoganig@slavicvillage.org for sign-up) Cleveland MetroPark Zoo- facebook live</p> <p>Other Academic things: Pick a person, place or topic to research Teach a sibling or parent something you already know Make homemade flash cards for math Math games adding/ subtracting/ multiplying/ dividing with Cards, dice, other household items Teach about money</p>	<p>Websites (google these names for website):</p> <p>Google free games for kids (there are lots of them)</p> <p>Non- Technology Games (tic-tac- toe, I spy) Board Games Cards (solitaire, war, garbage) Puzzles Legos Reading / writing letters Collect leaves, sticks and things from outside and build stuff Find items (inside or outside) that begin with certain letters Collect things from inside the house and build Build a fort with blankets and read in it Crossword puzzles Word search Say-a-word (say rhyming words, opposite, start with same letter, start with letter word ends with) Play dough</p>
<p style="text-align: center;"><u>Exercises / Stress Relievers</u></p> <p>Websites (google these names for website):</p> <p>Google fun exercises for kids (there are numbers fun videos) Go Noodle (website with fun dances and activities)</p> <p>Other Non-Technology Exercises Pick a handful of active things and do them = equal to their age: (sit-ups, push-ups, jumping jacks, squats, high knees, butt-kicks, curls, etc. get creative) Yoga / Stretching Meditation (deep breathing) Walk / Run / Bike Listen to music and create 8 count dances to certain songs</p>	<p style="text-align: center;"><u>Arts / Crafts / Music</u></p> <p>Websites (google these names for website):</p> <p>Art Hub for kids (website) Lunch Doodles with Mo Williams (website)</p> <p>Non-Technology Free handing drawing Sewing, crocheting Making homemade cards Write letters to neighbors, classmates, family, friends</p>

