SLAVIC VILLAGE EMERGENCY COMMUNITY RESOURCES

Slavic Village Development, University Settlement and other community organizations will continue to serve our neighborhood during the public health crisis of the pandemic COVID-19. However, we strongly encourage all persons to self-quarantine.

If you need to reach somebody at SVD, please call (216) 429-1182 and follow the prompts to reach the appropriate staff member. Or, visit slavicvillage.org/svd/staff-board for a full staff contact list. We will respond quickly and appropriately.

Thank you for your cooperation during this unusual time. We promise to provide the same high level of service that you have come to expect from us.

We are working with community partners to assemble a list of updating community resources: HEALTH INFORMATION, FREE MEALS, FOOD BANKS AND DISTRIBUTION, UTILITIES, UNEMPLOYMENT, EMERGENCY LOANS, LEGAL ASSISTANCE, AND KEEPING THE KIDS BUSY

For the most up to date information, visit: www.slavicvillage.org/2020/03/17/slavic-village-emergency-resources-and-services/

University Settlement is providing a range of services during this time including:

- 1. Food Pantry grocery pick up, Tuesday Friday from 11:30 2:00
- 2. Hot meal pick-up every Tuesday from 6:00 pm 7:00 pm

*If you or someone you know needs assistance with a specific need, please call **216-645-0129** or email us at <u>usiemergency@universitysettlement.net</u>.

HEALTH INFORMATION

Follow the recommendations of the Center for Disease Control: Stay at home and avoid close contact with others (within about 6 feet). Clean your hands often with soap and water or with hand sanitizer. Find the latest recommendations at cdc.gov/coronavirus.

If you have symptoms (headache, fever, cough, difficulty breathing, muscle pain), stay at home. Call <u>MetroHealth's</u> hotline at (440) 592-6843 for an assessment or contact your physician. You can schedule a virtual appointment if you have a physician at <u>Cleveland Clinic</u> or <u>University Hospitals</u>.

If you are sick (source: Cuyahoga County Board of Health)

- Call your healthcare provider for guidance before you go to the hospital
- Seek emergency care if you have shortness of breath or difficulty breathing

If you have symptoms (headache, fever, cough, difficulty breathing, muscle pain), stay at home. Call <u>MetroHealth's</u> hotline at **(440) 592–6843** for an assessment or contact your physician. You can schedule a virtual appointment if you have a physician at <u>Cleveland Clinic</u> or <u>University Hospitals</u>.

STAY UPDATED: General COVID-19 Info (please also see the city's latest response in the files)

General information about Covid-19 is available on the CDC website

State of Ohio updates are available here and here

Cuyahoga County updates are available here

City of Cleveland updates are available here and here





FREE MEALS

Following news that Governor DeWine ordered a three-week shutdown of Ohio schools, Cleveland Metropolitan School District immediately implemented a plan to continue meal service to all students, similar to the service we provide during summer months.

MONDAY MARCH 16 - FRIDAY APRIL 3 11:30AM-1:00PM

VIEW SCHOOL MEAL MAP HERE

- Albert B Hart- 3900 E 75th St, Cleveland, 44105 | 216.838.4400
- Anton Grdina- 2955 E 71st St, Cleveland, 44104 | 216.838.1150
- Miles- 11918 Miles Ave, Cleveland, 44105 | 216.838.5250

MONDAY- FRIDAY 12:00PM - 1:00PM | Boys and Girls Club (6114 Broadway Ave) | 216.883.4663 (18 and under only)

TUESDAY & THURSDAY 10AM - 1:00PM | Cleveland College Prep (4906 Fleet Ave) | 216.341.1347 (18 and under only)

MONDAY-FRIDAY 4PM-5PM | Stella Walsh Rec (7345 Broadway Ave) | 216.664.4658 + other Rec Centers

TUESDAY 6:00PM | University Settlement (4800 Broadway Ave) | 216.641.8948 (ALL AGES)

FOOD BANKS AND DISTRIBUTION

TUESDAY - FRIDAY 11:30AM-2PM | University Settlement (4800 Broadway Ave) Back of building | 216.641.8948

SATURDAY 9:30AM-12:00PM | Holy Name Church (8328 Broadway Ave) | 216. 271.4242

SATURDAY (2ND AND 4TH OF MONTH) 10AM-2PM | Elizabeth Baptist Church (6114 Francis Ave) | 216.429.2922

UTILITIES

CHN Housing Partners- Rental assistance available to eligible Cleveland families with school-aged children. Families can access this program by calling 216.881.8443 or by visiting our website: www.chnhousingpartners.org

Cleveland Water-temporarily stopped disconnection (and re-activating recent shut-offs) 216-664-3130

Cleveland Public Power-temporarily stopped disconnection (and re-activating recent shut-offs) 216-664-460

First Energy/Illuminating Company: Temporarily stopping disconnection 1-800-589-3101

Dominion temporarily stopping shut-offs and reconnecting recent shut-offs 1-800-362-7557

Spectrum: Offering free wifi during school shutdown to enroll, call 1 (844) 488-8395. Installation fees will be waived for new student households.

Comcast: is also offering to free months of internet service to all qualified, low-income households. You may cancel at any time or continue the service at \$9.95 per month. To enroll, call 1 (855) 846-8376 or visit internetessentials.com.





UNEMPLOYMENT

If you are unemployed, apply for benefits at unemployment.ohio.gov or call (877) 644-6562.

*Unemployment benefits will also be available for eligible individuals who are requested by a medical professional, local health authority, or employer to be isolated or quarantined as a consequence of COVID-19, even if they are not actually diagnosed with COVID-19. In addition, the waiting period for eligible Ohioans to receive unemployment benefits will be waived.

EMERGENCY LOANS

Emergency, interest-free loans up to \$1,500 may be available from HFLA of Northeast Ohio for anyone impacted by COVID-19. Apply at interestfree.org or call (216)-378-9042.

Free work from home remote kit: https://www.gotomeeting.com/work-remote?fbclid=IwAR1d-O_AsoPZKUo_vd_u-vzrowxcSPqPDGCHdWzedA77QGNfoaagRvmauro

LEGAL ASSISTANCE

Starting March 17, Legal Aid will only do new client intake online and via phone. Walk-in intake in our Cleveland, Elyria, Painesville and Jefferson offices is suspended until further notice. The March 27 partner training and all neighborhood legal clinics through May 1 are cancelled.

Those needing civil legal assistance can apply online 24/7 at www.lasclev.org or weekdays by calling 888-817-3777. Those with non-legal questions related to landlord-tenant and other rental issues can also call our Tenant Information Line at 216-861-5955 (Cuyahoga) or 440-210-4533 (Ashtabula, Geauga, Lake, Lorain Counties).

KEEP THE KIDS BUSY

PBS Kids: How to talk to your kids about Coronavirus:

Giant list of ideas for being home with kids

Free classes with Khan Academy

Virtual Field Trips

150 Educational Shows to stream on Netflix

Scholastic provides free daily courses for kids stuck at home:

2020 Guide to Google Classroom

Education companies providing free subscriptions during school closures:

150+ Enrichment Activities for Children While Parents are Working Remotely:

PBS Learning Schedule

Daily Live Art classes:

Free Online Spelling Training & Games for Grades 1,2,3,4

Literacy Videos of Celebrities reading stories w/ activity guides for K-5

Here's The Entire List of Education Companies Offering Free Subscriptions Due to School Closings





MENTAL HEALTH

Cuyahoga County 24-hour crisis hotline: 216-623-6888.

For Stress and Anxiety (but not a crisis) Cuyahoga County's 24-Hour Warmline at 440-886-5950 to talk though things with a peer.

Cuyahoga County 24-hour Suicide Prevention, Mental Health/Addiction Crisis, Information and Referral Hotline: 216-623-6888

Resources from Ohio Department of Mental Health and Addiction Services

https://mha.ohio.gov/Health-Professionals/About-Mental-Health-and-Addiction-Treatment/Emergency-Preparedness/Coronavirus#42351156-health-professionals-and-providers

Ohio Crisis Text Line Text keyword "4HOPE" to 741 741

OhioMHAS Help Line 1-877-275-6364

Find Substance Use Disorder and Mental Health Treatment https://findtreatment.gov

Disaster Distress Helpline
1-800-985-5990
1-800-846-8517 TTY
Text "TalkWithUs" to 66746
Spanish-speakers: Text "Hablanos" to 66746
Available 24 hours a day, 7 days a week, year-round

National Alliance on Mental Illness (NAMI) helpline: 800-950-6264

NAMI resource and information guide: https://www.nami.org/getattachment/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus/COVID-19-Updated-Guide-1.pdf

Suicide Prevention Lifeline:1-800-273-TALK (8255); https://suicidepreventionlifeline.org/current-events/supporting-your-emotional-well-being-during-the-covid-19-outbreak/

AVOID SCAMS

Scammers are already exploiting COVID-19 by hyping bogus products, touting sketchy investments and pumping out malware-laden emails. For full details, visit Cuyahoga County Consumer Affairs HERE

The Cuyahoga County Department of Consumer Affairs and its Scam Squad partners urge county residents to take a few simple steps to avoid and report COVID-19 scams:

- Don't click on links from sources you don't know.
- Be suspicious of ads or social media claims about products that can ward off the virus.
- Get updates on COVID-19 from trusted news and official sources.
- Report price-gouging. Report to the attorney general at OhioProtects.org or 1-800-282-0515.
- Avoid pump-and-dump investment schemes.

Have a question or want to report a scam? Contact Scam Squad at Consumeraffairs.cuyahogacounty.us or 216-443-SCAM (7226).



